

Aqua Planet

International Aquafitness Convention
by Hydrorider

2017

THE PROGRAM

Sunday, April 09th

08:30-09:30 Participants Registration

Time	SMALL POOL AquaCycling	LARGE POLL Jump / Aquafitness
from 09:30 to 10:10	<i>HydroBike Dinamic</i> <i>Ivan De Luca & Faro Longo</i>	<i>Acqua Funtional Jump Mix</i> <i>Cristina Tonelli</i>
from 10:20 to 11:00	<i>HydroBike</i> <i>Ryan & Nataliya Graham (UK)</i>	<i>Choreo Swim Fit</i> <i>Giorgia Collu & Sabina Fornaro</i>
from 11:10 to 11:50	<i>HydroBike</i> <i>Ock Ja Lee (South Korea)</i>	<i>Training Zone</i> <i>Ricardo Maia (Portugal)</i>
from 12:00 to 12:40	<i>HydroBike Fusion Style</i> <i>Faro Longo & Manola Bramonti</i>	<i>Work and Enjoy</i> <i>Valeriya Perelomova & Irina Shtreit</i> (Russia)
from 12:50 to 13:30	<i>HydroBike con Elastici</i> <i>Ana Rodriguez</i>	<i>Aqua Intensity Jump Mix</i> <i>Marco Gagliassi</i>
from 13:40 to 14:20	<i>Latin Bike</i> <i>Giorgia Collu & Sabina Fornaro</i>	<i>Latin Way</i> <i>Ricardo Maia (Portugal)</i>
from 14:30 to 15:10	<i>US HydroBike</i> <i>Ana Rodriguez & Ock Ja Lee</i> (US/South Korea)	<i>Special Training</i> <i>Valeriya Perelomova & Irina Shtreit</i> (Russia)
from 15:20 to 16:00	<i>Aqua Combact</i> <i>Nataliya & Ryan Graham (UK)</i>	<i>Aqua Choreo</i> <i>Ivan De Luca</i>
from 16:10 to 17:00		<i>Aqua Planet Team Teach</i>

at Sporting Palace – Via Appia Nuova 700 - Rome - Italy

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